

# FY23 Accomplishments to Date



The Center on Child Wellbeing & Trauma (CCWT), a partnership between the Office of the Child Advocate and ForHealth Consulting, UMass Chan Medical School, supports child-serving organizations and systems in becoming trauma-informed and responsive through trainings, technical assistance, communities of practice, and coaching.



## Resources & Information

Our website has grown tremendously to host toolkits, hundreds of articles and reference documents, a full framework on trauma and resilience, and video trainings on both adverse and positive childhood experiences. Visit our website at [childwellbeingandtrauma.org](http://childwellbeingandtrauma.org) to see more.

## Stakeholder Engagement & State Agency Partnerships

The CCWT team met with over 175 stakeholders to build bridges, develop partnerships, and build work that is relevant to various stakeholders. We focused much of our system and policy work on partnering with state agencies, including the Department of Children & Families, the Department of Transitional Assistance, the Department of Youth Services, and the Department of Housing and Community Development.

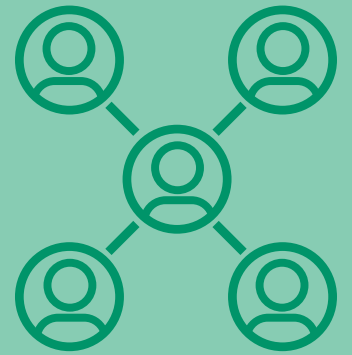


## Assessment & Coaching

The CCWT's in-depth training and coaching process supports organizations in becoming more trauma-responsive. We started with a cohort of 9 Family Resource Centers. In FY23, we grew to working with over 14 congregate care sites and 3 multi-service organizations across the state. In our first year, we conducted 22 trainings in this area and increased to 34 trainings in FY 23.

## Professional Learning Communities

We trained over 200 school professionals across the state impacting over 182,000 school children and conducted multiple trainings and communities of practice for state agencies. In FY23, CCWT work in this area grew significantly, including the launch of a six-part community of practice series for 181 participants who work in family shelters. CCWT also launched a statewide speaker series on topics in trauma and resilience to support widespread learning on trauma in children and youth.



## Coaching Academy on Resilience & Trauma (CART)

Based on our community transformation work in Worcester in FY22, we launched a statewide initiative for community and city teams to learn about trauma and resilience. The goal of CART is to support communities in addressing trauma, fostering healing, and building resilience to ensure all children and families have the opportunity to thrive. In FY23 CCWT invested \$120,000 directly into six community-based teams across Massachusetts.

## Racial Trauma & Resilience

Racial trauma, which is toxic stress that can develop from exposure to race-based violence and discrimination, is linked with negative outcomes for children and is extremely costly to all members of society. CCWT is committed to using a racial equity lens in all our work, with a goal of achieving better social equity for all children, particularly those from marginalized or harmed communities. To date we have provided over 10 trainings on racial trauma and social equity. Beyond these topic specific trainings, CCWT integrates racial trauma, equity, and resilience frameworks into all offerings. Additionally, we launched a youth literacy project on racial trauma and anti-racist strategies. We also have toolkits on our website on how to reduce trauma in schools, as well as trainings specifically on equity and trauma.

