

# TRAUMA-INFORMED PRACTICES FOR SCHOOL MENTAL HEALTH

Many children began school this year having experienced significant trauma from the effects of the ongoing COVID-19 pandemic. Schools must respond to this need by providing thoughtful, effective supports that focus on helping students heal from trauma.

Thriving Minds—a collaboration between BRYT, the Massachusetts School Mental Health Consortium, and the Rennie Center for Education Research & Policy—is offering a new professional development series on Trauma-Informed Practices for School Mental Health. This series is funded by and presented in partnership with the Center on Child Wellbeing & Trauma.

Over the course of five sessions, participants will learn to understand the causes of trauma and identify its symptoms, incorporate trauma-sensitive practices within and outside the classroom, establish systems to collect and use data on effective interventions, and build a trauma-sensitive school culture. All school- and district-based staff (and others with an interest in promoting healing) are welcome to join!

## WHAT IS TRAUMA?

Thursday, January 13 | 3:00-4:30 PM

[REGISTER](#)

## TEAMING, SCREENING, AND DATA USE

Thursday, April 14 | 3:00-4:30 PM

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## INTERVENTIONS ACROSS TIERS, PART I: CLASSROOM/UNIVERSAL SUPPORTS

Thursday, February 17 | 3:00-4:30 PM

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## SUPPORTING EDUCATORS & BUILDING A TRAUMA-SENSITIVE SCHOOL CULTURE

Thursday, May 5 | 3:00-4:30 PM

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## INTERVENTIONS ACROSS TIERS, PART II: OUTSIDE-THE-CLASSROOM SUPPORTS

Thursday, March 17 | 3:00-4:30 PM

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